

A&W Get a FREE ice cream cone with the purchase of a Kids Meal all week long.

Location: 9512 Alaska Road North

Earn a chance to win a FREE individual pizza & pop coupon by participating in **Boston Pizza**

one of the Fort St John Loves Families events.

Location: 9508 Alaska Road North

Kids Meals ½ price all week long, Oct.3rd-10th, 2015. Dairy Queen

Location: 10032 101 Ave.

FSJ & District Chamber

Enjoy a family board game with a home town twist...FORT ST. JOHNOPOLY. Come into the Chamber's office between October 5th -9th. 2015 and take home your

very own Fort St. Johnopoly game for \$5. Location: #100-9907 99th Ave.

Just Jack's Earn a chance to win a Gift Certificate by participating in one of the Fort St John

Loves Families events. Location: 11308 Alaska Road

Earn a chance to win four FREE movie passes by participating in one of the Fort Landmark Cinema

St John Loves Families events. Location: Totem Mall, 9600-93rd Ave.

Earn a chance to win a Gift Certificate by participating in one of the Fort St John Montana's

> Loves Families events. Location: 8808 96A St.

M&M Meat Shop Mention Fort St John Loves Families week and get 10% off your purchase from

October 3rd-10th, 2015. Earn a chance to win a game night meal by participating in one of the Fort St John Loves Families events.

Location: Totem Mall. 9600-93rd Ave.

Earn a chance to win a FREE sub coupon by participating in one of the Fort St Quizno's

John Loves Families events. Location: 9115 96A St.

Playtime Toys

The Canadian Grind

THANK YOU! to all of our sponsors

Aboriginal Success By 6

Heartbreak Acres

Landmark Cinemas

A&W Lilies and Lavender

Boston Pizza Montana's

Community Bridge M & M Meat Shop

Child Care Resource & Referral Northern Environment Action Team (NEAT)

> North Peace Leisure Pool Commission City of Fort St John

> > PacificSport Dairy Queen

Fivestar Athletics Playtime Toys

Fort St. John & District Chamber of Commerce Quiznos

Fort St. John Child Development Centre

School District 60

Fort St. John Fire Department Fort St John Public Library

Just Jacks

The Canadian Grind Treaty 8



A WEEK OF FREE OR LOW COST **ACTIVITIES FOR** THE WHOLE FAMILY!

Special promotions at participating businesses! Enter to win great prizes!!!

October 3-10



MORE INFORMATION: HEATHER MCBRYAN, ECDFSJ@GMAIL.COM

familyfriendlycommunity.ca







FOR MORE INFORMATION: familyfriendlycommunity.ca







SATURDAY OCTOBER 3

10:00am-4:00pm **Fire Prevention Activities** All Ages

Come meet the firefighters, walk through the Fire Safety House and enjoy the activities!

Cost: Free

Location: Home Hardware parking lot.

12:00am - 9pm **FREE Family Swim** All Ages

Gather the family and head to the pool!

Cost: Free submission only for those attending the swim together as a family. This event is sponsored by the North Peace Leisure Pool Commission.

Location: North Peace Leisure Pool, 9505 – 100St **Contact:** 250.787.8178

3:00pm-4:30pm **Extreme Family Lego** Challenge Ages: old enough to play with **LEGO**

Bring your LEGO and your imagination and get ready to have fun! An afternoon jam-packed with crazy, creative challenges for your whole family!

Cost: Free, pre-registration required

Location: Fort St John Public Library, 10015 100 Ave. **Contact:** 250.785.3731

SUNDAY OCTOBER 4

12:00am-2:00pm **HeartBreak Acres** All Ages

Get outside with your family and enjoy a petting zoo. (Only 14km out of town)

Cost: \$10 per family

Location: Follow the road out of town past the North Peace Veterinary Clinic and keep to the right. Go through the Montney Coulee and watch for signs on the other side. Go to familyfriendlycommunity.ca to print the map

12:00am-5:00pm **FREE Public Skate** All Ages

Contact: 250.785.1021

Gather the family and head to the rink!

Location: Pomeroy Sports Centre, 9324 96 St. Contact: 250.785.4592

4:00pm-6:00pm **Family Bowling** All Ages

Bring the family and knock down some pins! Cost: Only \$10 per family *Limit of 6 per family (shoe rental

included). **Location:** Fort Bowling Lanes, 10116 104 St.

> they are participating. Cost: FREE Contact Simon

250.785.4333

Contact: 250.785.8882

MONDAY OCTOBER 5

Teddy Bear Picnic Playtime Ages 1-5 Years

Bring your favourite teddy and join us for a fun playtime, snack and crafts.

Cost: FREE

Location: Child Care Resource & Referral, 10411 100 Ave (side doors).

Contact: 250.785.5701

6:30pm-8:00pm **Family Night of Martial Arts** Ages 4 Years and Up

Get the family together and join Fivestar Athletics in doing a little kickboxing, jiu jitsu, and self defence.

Cost: FREE, pre-registration required

Location: 10116 94 Ave. **Contact:** 250.785.2736

FIRE CHIEF FOR A DAY

POSTER CONTEST

All Week Long - Must be in Grade 3 to participate

Draw a poster and enter a contest to play Fire Chief for the day! Poster must reflect 'Preventing Kitchen Fires' theme. Drop off at the fire station or check with your school to see if

TUEDAY OCTOBER 6

1:00pm-2:30pm

Family themed stories, rhymes & crafts. Cost: Free

Location: Child Development Centre, 10417 106 Ave. Contact: 250.785.3200

12:30pm-3:30pm

Ages 0-6 Years

Rotary Play Centre

3:30pm-4:30pm 'Gerbera' Daisy Cat Workshop Ages 5 Years and Up

Families can design their own 'Gerbera' Daisy Cat. All supplies provided.

Cost: \$5 per child, pre-registration required **Location:** Lilies & Lavender, 9911-100th Ave.

Contact: 250.787.2600

5:30pm-8:00pm "Drive In Movie" From A Box All Ages

Bring your family and join NEAT to build your own recycled car and enjoy watching the movie "Cars". All supplies and popcorn will be provided.

Cost: FREE, pre-registration required

Location: Child Care Resource & Referral, 10411 100 Ave (side doors).

Contact: 250.785.6328

6:00pm-8:00pm **FREE Public Skate** All Ages

Gather the family and head to the rink!

Location: Pomeroy Sports Centre, 9324 96 St. Contact: 250.785.4592

WEDNESDAY OCTOBER 7

8:30am-11:30am Messy Art StrongStart Ages 1-5 Years

Come drop into Strongstart and be ready to get messy! Cost: FREE

Location: Robert Ogilvie

StrongStart, 9907 86 St. **Contact:** 250.785.3704

3:30pm-4:30pm 'Gerbera' Daisy Cat Workshop

Ages: 5 years and up Families can design their own 'Gerbera' Daisy Cat. All supplies provided.

Cost: \$5 per child, pre-registration required **Location:** Lilies & Lavender, 9911-100th Ave.

Contact: 250.787.2600

6:00pm-8:00pm **Family Photo & Craft** All Ages

Bring your family for a fun photo and make a picture frame. Props will be provided but feel free to bring some of you own.

Cost: Free

Location: Community Bridge, 10142-101 Ave.

Contact: 250.785.6021

THURSDAY OCTOBER 8

10:00am-11:30am **Sensory Playtime at CCRR** Ages 1-5 Years

Join us to get your senses going with bubbles, goop, and much more! Families will leave with recipes to use at home.

Cost: FREE

Location: Child Care Resource & Referral, 10411 100 Ave (side doors).

Contact: 250.785.5701

4:30pm-5:30pm **Crafting For Fun** Ages: 5-12 Years

Bring your family and craft a project, use your imagination to create something fun! Limited

space. Cost: Free

Location: artSpace, 10015 100

Contact: 250.785.1992

6:00pm-7:30pm **Families In Motion Gym Night** at CDC All Ages

Fun for the whole family! Gym activities, ribbon dancing & more. Get the whole family moving and we'll capture it on camera for you.

Cost: Free

Location: CDC, 10417 106 Ave Contact: 250-785-3200

FRIDAY OCTOBER 9

8:30am-11:30am **Science StrongStart** Ages 1-5 Years

Drop in for some Fun Science themed activities.

Cost: FREE

Location: Duncan Cran StrongStart, 8130 89 Ave. **Contact:** 250.787.0417

5:00pm-7:00pm **Dream Catchers** All Ages

Aboriginal Success By 6 and Treaty 8 are honoured to invite families to join them and learn how to make dream catchers and learn the story behind them.

Cost: Free

Location: Treaty 8, 10233 100

Contact: 250.793.1468

6:00pm-7:00pm **Zumba with African Flair** Ages: 12 years and up

Get the family and do a little Zumba dancing with an African flair! Limited space.

Cost: Free

Location: artSpace, 10015 100

Contact: 250.785.1992

FOR MORE INFORMATION ON FORT ST. JOHN LOVES FAMILIES WEEK: FAMILYFRIENDLYCOMMUNITY.CA

SATURDAY OCTOBER 10

Star Wars Reads Day

Join FSJPL for a full day of Star

costume contest, craft fest, Jedi

for a full schedule of activities

Location: Fort St John Public

Aboriginal Success By 6 and

families to join them to hear

a local Dunne Zaa Elder.

Contact: 250.793.1468

Treaty 8 are honoured to invite

legends & have story time with

Location: Treaty 8, 10233 100

Library, 10015 100 Ave.

Contact: 250.785.3731

1:00pm-3:00pm

Story Telling

All Ages

Cost: Free

training and more. Check fsipl.ca

Wars activities including a

All Day

All Ages

Cost: Free





INDICATES AGE SPECIFIC EVENT

FIRE PREVENTION KICKOFF Saturday October 3, 10:00am-4:00pm - All Ages

Head to Home Hardware for a fun filled day! There will be an inflatable slide, fire trucks, BBQ, and more.

Cost: FREE Contact: Simon 250.785.4333 Location: Home Hardware Building Centre parking lot,

9820-108th Street